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Resolve to Make a Difference: Become a Volunteer with the Lambertville-New Hope Ambulance & Rescue Squad

As the New Year approaches, many people make resolutions aimed at improving their lives. Whether it's losing weight, making more money or finding love, just to name a few, most people focus on ways they can help themselves. However, others have made a year-round commitment that not only improves their lives, but also helps save the lives of the neighbors, friends and family too. These special ordinary men and women volunteer at the Lambertville-New Hope Ambulance & Rescue Squad and they do extraordinary things every day. And this year, you could join them.

To make a life-changing, and life-saving resolution, follow these three easy steps:

1. Consider Your Skill Set and Interests.

- Do you thrive on adrenaline, yet keep your calm in intense situations? Do you have, or want to learn, medical or first aid skills? You could be an EMT! We'll teach you the skills needed to save lives!
- Do you and your dog have a special bond? Become part of our K-9 unit! Our handlers and dogs are certified in all aspects of K-9 Search and Rescue including, wilderness search, water recovery, human remains (cadaver) search, and collapsed structure search. You and man's best friend will do extraordinary things together!
- Do you have experience piloting different types of boats and related equipment? Do you want to help out during a dangerous flood or river rescue? Join the marine services unit and save lives on the water.
- Are you between the ages of 12-18 years old and want to learn CPR and other first aid skills from trained professionals? Do you think you have what it takes to assist first responders during an emergency situation? You could join the youth squad!

2. Determine how much time you can commit.

Whether you can respond whenever someone needs help, have just a few hours each month to spare, or something in-between, there's a volunteer role for you. The Lambertville-New Hope Ambulance & Rescue Squad can help you determine how to fit volunteering into your busy schedule.

3. Visit www.LNHARS.org

There's much more information about how YOU can become a volunteer. Click on the website's JOIN OUR TEAM tab and learn more about the ways you can help including answers to frequently asked questions. Then you can fill out a simple form and a current volunteer or staff member will quickly be in touch.

"Volunteering is a fantastic way to give back to your community, but it will also do so much for you personally," said Chief Jason Strauss. "Start the new year right by joining our crew."

"There's no better time to get a fresh start on helping your community," said President Don Huggins. "Ring in 2018 by volunteering your time to help others. The need is great and so is the feeling of saving lives."

So this year, instead of making the same old resolution that grows old before Valentine's Day, think about making a pledge to the community you love. Visit www.LNHARS.org today!